

JUNE 2022

Family Newsletter

June Book List

The Sandcastle That Lola Built
by Megan Maynor

It Began with Lemonade
by Gideon Sterer

The Night Before Summer Vacation
by Natasha Wing

Sun
by Sam Usher

And Then Comes Summer
by Tom Brenner

Dad By My Side
by Soosh

A Father's Love
by Hannah Holt

Just Me and My Dad (Little Critter)
by Mercer Mayer

A Father's Day Thank You
by Janet Nolan

A Perfect Father's Day
by Eve Bunting

Your Baby's First Word Will Be DADA
by Jimmy Fallon

HERE COMES SUMMER!

TIME FOR POPSICLES AND SPRINKLERS!

We look forward to summer [all year long](#) and it's finally here! What's on your summer bucket list? Maybe an outdoor movie night? Fun-filled afternoons at the pool? Whatever may be on your bucket list, we hope to hear about your summer adventures!

To all our kiddos that have graduated and are moving onto kindergarten, **CONGRATULATIONS!** We have cherished our time with you and hope to see you back at the center for school breaks and holidays! Don't forget to check with the Center Director for information about our fun lineup of activities and programs for summer camp.

Also, a friendly reminder, please be sure to let the office know if you will be away on vacation.

Finally, we wish all of our fathers, grandfathers, uncles, and caregivers a [warm and joyful Father's Day!](#)

HAPPY FATHER'S Day

Fun days to celebrate in June

- 3 National Doughnut Day
- 8 National Best Friends Day
- 14 Flag Day
- 17 National Eat Your Vegetables Day
- 19 Father's Day
- 27 National Ice Cream Cake Day

For Grins



What is a shark's favorite sandwich?

(Answer on page 2)



STERLING
Early Learning Academy



BRINGING IT HOME

RESOURCES AND ACTIVITIES FOR ALL AGES



Water Safety

While the swimming pool may conjure images of laughter and splashing, water safety is a serious subject that is needed to assure a safe summer. The American Academy of Pediatrics and the American Red Cross have several resources for families. Below are a few safety recommendations but for more, go to: <https://bit.ly/AAPWaterSafety> or <https://bit.ly/JuneWaterSafety>.

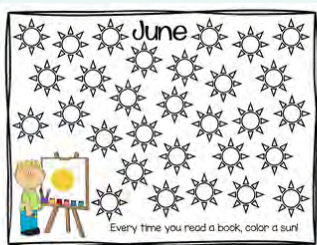
- When children are playing with water, even if a shallow kiddie pool, maintain close and constant supervision.
- When you are done with the water fun, be sure to immediately empty the water and put the pool/bucket/water table away. These may unknowingly fill with water from a sprinkler or rain storm and become a safety issue.
- If you are traveling or visiting another home, be sure to check for water dangers. It's easy to get distracted while away, be sure you inspect your surroundings to ensure a safe and happy visit.

Summer Reading

Whether your kiddo is 2 or 22, summer is made for reading. Creating a daily reading habit will inspire a love of reading and strengthen vocabulary and literacy skills. Many public libraries have summer reading programs for kids but there are also programs offered by Scholastic Books, Barnes and Noble and more. For a list of summer reading programs, go to <https://bit.ly/SummerReadingJune>.

To boost your child's interest and engagement, you can also consider a summer reading tracker or challenge.

There are so many free trackers available online, like this one (right) from raisinglittlesuperheroes.com



Gardening with Kids

It's the season for getting outside, enjoying the warmer weather, and getting your hands dirty working in the garden! Getting kids involved in the garden is a fun way to get them excited about food, learn firsthand where food comes from, and how it grows.

Get your kids involved throughout the growing process by including them in the planning, prepping, planting, and harvesting process.

- When planning a garden with kids choose plants that grow relatively fast and seeds that are large enough for their little hands to handle. If you don't have a plot of land, consider some small, raised beds, or individual potted plants. Choose a location with plenty of sunlight and close to a water source if you live in an area with less rainfall.



- Prepare the garden with topsoil and consider getting age-appropriate gardening tools such as a rake, hoe, and spade to aid little helpers in working the ground and planting seeds.
- During planting, take the time to discuss the growing process, explore the dirt, leaves, and insects that are present in the outside world.
- Harvest is likely the most exciting part of the process. Use this time to discuss different fruits and vegetables, their colors, textures, flavors, and other distinctive qualities that make them delicious!

